The Naked Truth Naturists Newsletter

"...But all things (are) naked and opened unto the eyes of him with whom we have to do." – Heb. 4:13

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FRIENDLY NOTICE: in these newsletters, you will encounter full nudity—in word and in photos—NONE of which is overtly sexual, titillating, or pornographic in nature.

“Thinking that social nudity might cause sexual impropriety is no different from thinking that watching G-rated movies might cause people to watch pornography.” ~ T. H. Pine

"Grace is God giving us what we don't deserve. Mercy is God not giving us what we do deserve.”
~ Wendell Calder, evangelist

“Like most people, what I find irritating in others are my own faults. ~ Jools Holland, musician

“Some knowledge is too heavy...you cannot bear it...your Father will carry it until you are able.”
~ Corrie ten Boom

“The North American church at present is conspicuous for replacing the Jesus way with the American way.”
~ Eugene Peterson

“In the case of good books, the point is not how many of them you can get through, but rather how many can get through to you.” ~ Mortimer J. Adler, philosopher, educator, and author (28 Dec 1902-2001)

Editorial

Save the Children!

Whenever nudity becomes an issue, say when some old fellow decides to garden in the nude, or some ladies wish to free their nipples in a park, or folks want to use a beach as God made them, or people want to bicycle naked during the World Naked Bike Ride, I often read/hear the mantra, “We’ve got to protect the children!” The question that arises in my mind when I hear that is: “Protect them from what, exactly?”

Humans have only two inborn fears: the fear of falling and loud noises, which explains why some people fear heights and why some people duck and cover when there’s a thunderstorm. All other fears are learned responses. For adults, I’ve heard that speaking in public can be terrifying to many people and that being naked before others can be even scarier than facing death. Yet, people face and conquer those fears every day.

That said, without wading into deeper psychological waters, let’s examines the subject of protecting children. What do the people, who wish to protect their kids from seeing naked bodies, think is going to happen if a child sees one? What dire thing is supposed to occur if they see simple, human nudity?

I’m sure you’ve heard the saying, “Children are natural nudists,” and any parents who’ve raised kids know how difficult it can be to keep clothes on a toddler. To a child, nudity is just another state of being. If a child sees a naked person, their only question is: “Can I take off my clothes, too?”
I’m reminded of a piece in a Readers’ Digest a number of years back where a mother told of having her young daughter in the car with her. They had stopped at a light and a blonde woman in a convertible stood up and turned to wave to the drivers behind her… completely naked. The mother immediately thought, “Oh, my! What am I going to tell my daughter?” At that moment, her daughter said, “Look, Mommy! That lady’s not wearing her seat belt.” No harm, no foul.

Yet, parents constantly tell their kids to dress and screech over people exposing their nudity before children. I have come to the conclusion that adult parents tend to press their sexual thoughts about human nudity onto their kids, completely unmindful of the fact that little children don’t put the same emphasis on exposing the body that adults do. That comes later, after years of “conditioning” against simple nudity.

I’m sure you’re familiar with the “I’ll show you mine, if you’ll show me yours,” suggestion of little children to one another. You may even remember when you did it as a kid. What motivates it? Simple curiosity over the difference between boys and girls, motivates it. Normally, little kids have no concept of the sex act. Little boys experience erections all the time, but make no connection otherwise. A sexual connection has to be taught.

I remember being on the clothing-optional beach we frequented in New Jersey, Gunnison Beach, and saw a naked mother with her little girl, wearing a swimsuit. I asked her why she had dressed her kid and she told me she wanted to protect her from perverts. Huh? First, what sort of message is she sending to her daughter? Second, it’s parents’ duty to protect their children from perverts whether naked or dressed. Third, if a pervert ever approached a naked child on a clothing optional beach, any number of nudist males would kick his butt!

I’m not ignoring the fact that bad things happen when some people are naked, nor am I saying that all nude venues are completely safe for children. Nudist parks are some of the safest venues for kids, while clothing-optional beaches may not be so. Wherever we go, however, it is incumbent upon parents to watch over their kids. Period.

It makes me sick when I hear people, when they encounter nudity use the mantra, “Not in front of the children.” It’s a cheap-shot, go-to comment that takes no thought, pandering to our fears for the well-being of our kids. Nudity isn’t the issue, improper behavior is.

Let’s not throw the baby out with the bathwater.
Books by Author, T. H. Pine

New Book! The Haunted Lighthouse of Mackinaw City. This Cilla Stephenson mystery is actually a prequel, a case Cilla works on before she ventures out on her own. When her boss, Craig Dent, receives a request from an old college buddy—who happens to own a lighthouse—he sends Cilla to investigate. Since he and his top sleuth don’t get along, it’s more to get her out of his hair. Once in Michigan, Cilla soon finds out that there’s more than meets the eye regarding the alleged “haunting.” She also embarks on a summer fling, something completely unexpected and life changing. $12.00 plus $4.00 s/h. If you’d like to purchase a copy, just e-mail me at the following address: wordworker@earthlink.net. You can either send me a check, or pay via PayPal (I recommend it—all you need is a credit card and my e-mail—it’s that easy!). I will personally autograph each copy I send out.

Night of the Chupacabra, the third book in my mystery series, featuring female private investigator Cilla Stephenson, is out. In the most challenging case of her career by far, Cilla goes to investigate cattle mutilations in central Florida, attributed to a mythical creature, and ends up in a life and death struggle for survival. She enlists the aid of a past foe, The Arbiter, to help her protect the lives of her loved ones and herself. If you liked parts one and two, you’ll LOVE this one. $12.00 plus $4.00 s/h. If you’d like to purchase a copy, just e-mail me at the following address: wordworker@earthlink.net. You can either send me a check, or pay via PayPal (I recommend it—all you need is a credit card and my e-mail—it’s that easy!). I will personally autograph each copy I send out.

Non-fiction That’s right! I have a new, non-fiction book out: From the Farm to the Cockpit. Based on a logbook kept by Charles A. Haynes, it begins from the first day he left the States to fly his bomber to Italy and ends the day he mustered out at the end of WWII in Europe. In its pages, you will read a gripping account of one young man’s impressions of a war that swept him—and thousands of others like him—up in its path. It’s a personal slice of history that you’ll find fascinating and hard to put down. $14.00, plus $4.00 s/h. If you’d like to purchase a copy, just e-mail me at the following address: wordworker@earthlink.net. You can either send me a check, or pay via PayPal (I recommend it—all you need is a credit card and my e-mail—it’s that easy!). I will personally autograph each copy I send out.

Season of the Vigilante, another exciting Cilla Stephenson mystery, is the second in the series. After successfully solving her life-threatening case in Pennsylvania, Cilla is off to sunny Florida for a honeymoon with her new husband. While there, a wealthy Ft. Lauderdale doyenne approaches her to take on a missing persons case—to find the cause of her son’s disappearance and suspected murder. Not wanting to take the case at first, its twists and turns soon have her embroiled in a struggle with a mysterious character, The Arbiter, who’s working his way up the ladder, assassinating Miami drug kingpins. I’m offering it for $12.00, plus $4.00 s/h. Just e-mail me with your snail-mail address. You can send money via PayPal—all you need is a credit card and my e-mail. Go to www.paypal.com, click on Send Money (make it a personal transfer) and you’re done. It’s that easy! 😊

The Pastor and the Private Eye, my first mystery novel, which won First Place in the 2014 Royal Palm Literary Awards Contest in the mystery category! is still available in trade paperback format (5.5 by 8.5 inches—a larger format, soft cover book with hardcover paper stock, so it’s more durable.) and printed in large-print format. In private investigator Cilla Stephenson’s first solo murder case, she comes to the aid of a small-town pastor who’s suspected of a vicious rape/murder. Though the police can’t pin it on him, due to a lack of evidence, the cloud hanging over his ministry is destroying his good name and casuing his congregation to shrink to nil. In taking the case, Cilla discovers that all is not sweetness and light out in the country. For a limited time, I’m offering it for $10.00, plus $4.00 s/h, that’s $2.00 off the regular price. If you’d like to purchase a copy, just e-mail me at the following address: wordworker@earthlink.net. You can either send me a check, or pay via PayPal (I recommend it—all you need is a credit card and my e-mail—it’s that easy!). I will personally autograph each copy I send out and you will receive a free souvenir pen (for first time buyers!)

Now…when was the last time James Patterson did that for you? 😊
Crystal, Guardian of Upsidedonia, my children’s book, so long in the making, is out! This is a high quality, glossy hardcover (to stand up to moist, sticky fingers) with a matching dust jacket. The cover art (by Hillary Esdaile) is amazing! The pages are archival quality, acid free paper, with a legible font. More than a dozen illustrations (also by Hillary) enhance the book. Geared for the six-year-old to early teenage reader, it’s a book you’ll nevertheless want to read to your child, or grandchild. It has a strong, non-preachy, moral message and will stretch your child’s imagination. Most important, it’s just plain fun! For a limited time, I’m offering it for $14.00 (autographed, of course), plus $4.00 s/h. To purchase this book, follow the same steps as above.

New Book! Father Al Takes a Vacation is my first attempt at going “mainstream” with naturism/nudism. Not a naturist story per se, in this book—the first of three—I explore how human nudity would work in a society that incorporates it in their worship and daily lives. Father Al, a burned-out priest, requests permission of his diocese to take a nude cruise—around the solar system!—on a cruise ship managed by an unclothed religious sect, the New Adamites. During his cruise, he meets a bevy of pregnant surrogates, falls in love with his tour guide, becomes an “accidental” midwife, performs baptisms and gains a new following, gets involved in a far-reaching court case involving the Surrogates Guild and the Catholic Church, uncovers a dark corner of New Adamite culture, the “Liliths,” performs a wedding at the Mars Colony and inadvertently initiates the science of human/AI symbionts simply by requesting he keep his AI assistant, Sen. Travel with Father Al on his life-changing trip from Earth’s Moon to Mars, around Jupiter and back again in this sci-fi extravaganza, Father Al Takes a Vacation, the first book in the Father Al’s Voyage of Discovery series!

New Book II! In Father Al Celebrates a Birthday Milestone, we again meet Father Alvord Prebla, currently living on the now nearly completely terraformed colony of Mars with his Martite wife, Felikiata. He now heads an unclothed order, a ministry to the New Adamite Liliths and other orphans on Mars. He’s about to celebrate the one-hundred-twenty-fifth anniversary of his birth, but looks more like thirty, all due to an amazing symbiont named Sen. At his birthday celebration, he meets many friends, all alive due to his initial involvement with Sen, who helped pioneer the new science of human/AI symbionts. With them, he reminisces about the past.

Two of the guests, Sellica, one of Father Al’s dearest friends, and her daughter Salanca have stories of their own … journeys into the depths of depravity that occurred because of the illicit gifts of black market symbionts. We also follow the lives of Father Al’s adopted daughter Orinta and granddaughter, Hagar, as well as Father Al and Fel’s son, Martan. This second novel in the far-reaching series is about relationships, both good and bad, and how humanity deals with the gift of symbionts, now available to a larger and larger cross-section of recipients. How this works out, both good and bad, is central to the plot of Father Al Celebrates a Birthday Milestone, Book II of the trilogy, Father Al’s Voyage of Discovery.

New Book III! Father Al Sees the Future takes our intrepid priest on another, unimaginable journey. On the cusp of his two-hundredth birthday, he and Fel reunite with their long absent son, now Doctor Martan Prebla, psychological counselor on The Ark of Discovery, man’s first space journey outside our home solar system. During that trip, Martan and the crew experience a social experiment that the journey’s founders put into play that unleashes societal and moral shifts no one could have imagined. Arriving at their destination, Alpha Centauri A, they discover a Class M planet, fourth in the solar system, that could support human life. Unexpectedly, their tests and experiments yield results that will change their lives forever. Unexpectedly, Martan and the crew of The Ark of Discovery return to offer Father Al and Fel a chance to join them. If they decide to go, it will mean a different life for them and an unprecedented look at a possible future for mankind. Father Al Sees the Future concludes the exciting trilogy, Father Al’s Voyage of Discovery

All the above books are available as Kindle editions as well and you can purchase them through Amazon.com.

Visit my website: www.thewordworkershop.com for details on my writing and some short stories you can read for free! You can also visit my blog at: www.awordfromthewordworker.blogspot.com/. If you click on, “Subscribe to: Posts (Atom), you can subscribe to the feed that will send you my blogs as I post them. Don’t forget to send in feedback. Have fun!

Last, but not least, if you’ve been reading these nudesletters and want more, you can visit: www.thenakedtruthnaturists.com, browse around some, then request an invitation to join, after you’ve provided me with a brief bio. That way, I get to know you a little better before you join our community of reader/members. Once there, you get the ENTIRE Nudesletter, Special Report and Special Announcement archive, as well as some great naturist fiction by Yours Truly and other authors. What a deal! See you there!
“Full Frontal”

Please keep in mind that the articles posted here don’t always align with the views and beliefs of TNTN. It’s a forum for our readers/members—from a diverse, worldwide spectrum of naturists—to share first time experiences, observations and blog-type material. Thanks for keeping an open mind and feel free to respond. –Ed.

Introducing our new “Full Frontal” hosts for 2019 (and ongoing)

Another Natural Problem Solved
by Kensunwalker

As a Natural Problem Solver, I let as many people as possible know that living a natural life is mentally and physically healthy, and much less stressful. Consider this: many people today are unhealthy mentally and physically, and overstressed with the modern lifestyle (See [https://www.youtube.com/watch?v=NXWKiWZHDKg](https://www.youtube.com/watch?v=NXWKiWZHDKg)).

My Solution 1: I’ve found that normalizing the naked body keeps my mind mentally healthy. It is very therapeutic. I’m no longer overly concerned with images of naked bodies; exhibitionism, voyeurism, inappropriate sexual behavior, pornography and the like, simply disappear in the light of naked reality. Porn, and those who produce it, does not hold me prisoner any more. Naked, my mind can focus on spirituality and creativity and truth.

“In a real sense, nakedness isn’t really about the physical but about the mental. Through nakedness I found a true sense of mental freedom.” – Ken

“As soon as my boxers came off a certain calmness and freedom comes over me, and the quick realization that being naked is the most natural thing in the world. . . The problem is that our society makes us suppress many of the things that are totally natural and healthy for us . . . Anything that you suppress gets pushed into your unconscious and will become a corrupted energy within you. You become confused and divided.” – Ivan Campuzano

“There's something therapeutic about nudity. Clothing is one of the external things about a character. Take away the Gucci or Levis and we're all the same.” – Kevin Bacon
“Whatever the motives, the environment of social nudism may promote a benign influence on the nudist, perhaps a mental health influence.” – William E. Hartman, Ph.D.

**My Solution 2:** Learn to enjoy nakedness since it improves physical health. Consider this from John Veltheim: “Wearing clothing, particularly synthetic clothing, has a detrimental effect on the electrical potential of the body and the ability of the chi in the body to flow freely. From a bioenergetic point of view, clothing builds up stress in the body with an accumulative effect. It is important to allow the body time to normalize – give it some breathing space as it were – of it to balance out the electrical flow throughout the skin. That is why a period of being totally naked each day is so important. The longer the period the better. Our bodies need a chance to recharge, revitalize and sort themselves out. The accumulative effect of wearing synthetic, restrictive and tight clothing over the years is a dramatic increase in stress levels, accelerated aging and reduced health.”

Not only that, nakedness in the sunlight makes Seasonal Affective Disorder (SAD) disappear.

“Seasonal Affective Disorder (SAD) hits around 100,000 people and develops into severe depression as daylight decreases in the winter. If SAD sufferers get out and get some sunlight during winter, they will relieve their depression.” – Dr. Keki Sidhwa

Naked, the love of nature and the outdoors grows and nakedness motivates people to be active, so healthy exercise occurs naturally. Exercising outdoors with natural activities like free-hiking and nude gardening brings together so many positive feelings and positive motivations – the feel of sun and air on the body, the cooling as sweat evaporates, the visual beauty and interest of being one with nature, the aerobic beating of the heart. It’s easy to get exercise when you love doing things naked and you’ll be less likely to crave unhealthy amounts of sugar and carbohydrates like soda and fast food when you garden nude and free-hike frequently. Additionally, you’ll look better and with a nice tan. People will comment about how healthy you look, and these compliments will make your exercise program even easier to maintain. Living as a naturist is by far the healthiest way to live!

In addition, the scientific facts are undeniable: regular naturist practice enhances resistance to disease, provides more effective and natural vitamin D and calcium balance, reduces the effects of stress, decreases blood pressure, decreases resting heart rate, decreases blood cholesterol, decreases excessive blood sugar, increases muscular strength and endurance, reduces depression, reduces risk of internal cancer as well as heart and blood vessel disease, and improves many skin diseases such as psoriasis. Put simply, science has proved that a naked lifestyle is healthier than a textile lifestyle.

Consider the benefits of vitamin D:

“From the dawn of history, the sun has been utilized specifically as an aid to restoration of health and as a means of maintaining and increasing it. The ancient Greeks and Romans, Egyptians and Assyrians, Arabians, Babylonians and Cretans, the Aztecs, the early Chinese and Japanese, the inhabitants of India and most other nations that were glorious in their day derived their superb health partly from their contact with the rays of the sun and healed their ailments by their aid.” – Bernarr McFadden

“Those studying the vitamin say the hide-from-sunlight advice has amounted to the health equivalent of a foolish poker trade. Anyone practicing sun avoidance has traded the benefit of a reduced risk of skin cancer - which is easy to detect and treat and seldom fatal - for an increased risk of the scary, high-body-count cancers - breast, prostate, and colon - that appear linked to vitamin D shortages. So even if too much sun leads to skin cancer, which is rarely deadly, too little sun is worse.” – Dr. Michael Hollick

“Research on vitamin D is nothing short of astounding. A four-year clinical trial involving 1,200 women found those with sufficient vitamin D experienced a 60% reduction in cancer incidence, compared to those with insufficient vitamin D, a drop so large - twice the impact on cancer attributed to smoking - it almost looks like a typographical error.” – Martin Mittelstaedt
“A common myth, aside from that of avoiding the mid-day sun, is that occasional exposure of your face and hands to sunlight is ‘sufficient’ for obtaining healthy vitamin D levels. For most of us, this is a miserably inadequate exposure to move vitamin levels to the healthy range. You need to expose large portions of your skin to the sun, and you need to do it for more than a few minutes.” – Dr. Mercola

“I would challenge anyone to find an area or nutrient or any factor that has such consistent anti-cancer benefits as vitamin D. The data are really quite remarkable.” – Dr. Edward Giovannucci

Why reject these proven facts?

My Solution 3: Many people believe that going naked causes stress, but nothing could be further from the truth; nakedness brings calmness, complete relaxation, and comfort. Inhibitions and shame disappear. What could be healthier than getting away from your stressful job in this stressful world than relaxing naked and what about lack of money? You don’t need to travel to get naked. You can be naked at home or in your backyard, or outdoors anywhere and the fashions of the day won’t get in the way of de-stressing. Who cares if you’re not dressed to kill? Rather, fashionable clothing is probably killing you with unnatural stress!

Consider these thoughts:

“We find that relaxing with clothes off at Elysium Fields is a great tension reliever, for ourselves and our kids too.” – Lynn Redgrave

“Once, I was really depressed, and I went away with my husband for the day. He was fishing, and I stripped off. Aw, it was so beautiful in the sun. It was like a weight coming right off me.” – Alice

“Taking off clothing is amazingly relaxing. Living a naked lifestyle is the ultimate way to a stress-free existence, away from our often-unhealthy modern lifestyle; when I take my clothes off the stress immediately melts away.” – Ken

“...even getting away for a day trip to a nudist destination is so refreshing and relaxing. To me it’s equal to a week’s vacation. There’s no stress, no worries, no issues. Nude recreation has been one of the most beautiful, healthy things that I have done for myself.” – Leona Hamrick

So, why not be mentally and physically healthy and stress free, rather than slow, sick, and worried? As a Natural Problem Solver, I certainly recommend nakedness for helping solve the unhealthy physical, mental, and over-stressed aspects of modern life. I simply want to help people find health.
New Section!!!: TNTN is introducing this section to feature products with a nude, or naked theme. As we come across them, we’ll feature them here. If you decide to use them, we’d appreciate an e-mail telling us how you liked them. also, why not e-mail them and let them know you’re a naturist and appreciate advertising themes we like to see. Again, feel free to send in products for us to consider for this section. – Ed. 😊

Bear Naked Cereals

**Bear Naked 100% pure & natural granola** (fruit & nut): Here’s a granola product that’s surprisingly (and naturally) low-carb, just 18 grams per 1/4-cup, less 2 grams of dietary fiber. Though not intentionally geared to naturists, I like its cheeky name. It’s getting 4-and-5 star ratings on Amazon! It comes in 12-oz. bags, in guaranteed frustration-free packaging (no-kidding!), with a re-closable, zip-lock top. Made by Bear Naked, Inc. La Jolla, CA 92037; 800.374.4442; [www.bearnaked.com](http://www.bearnaked.com) (not to be confused with barenaked.com, a porn site! – Ed.) and available in most supermarkets. They have other flavors as well: peak protein (the original 16 carbs/2 fiber); fit, vanilla almond (22/2); fit, triple-berry crunch granola (20/3); peak flax, oats & honey with blueberries (21/3); banana nut (17/3); maple pecan (15/3). They also make trail mix in several flavors.

Sole Gliders and Huaraches

Here’s another naturist-friendly product—Sole Gliders. Their motto is “Go Natural. Go Bare. Train Barefoot. Play Barefoot.” The label on the box says: “Sole Gliders are designed to fit snug around the foot for optimal feel and performance. It’s normal to experience a close fit during use.” My son got me a pair and they’re light as a feather, comfortable and flexible (and they sure look better than those “toe” things). Runners use them in training for barefoot running. I constantly get asked what they are and where I got them. Why not give them a try?

Here’s the link for their website: [http://solegliders.com/](http://solegliders.com/)

Now, if you want an extremely minimalist approach to sandals, you can make your own with this huaraches kit. These are a cure for the “tan lines” you get on your feet from regular, thick, flip-flop straps.

Here’s the link: [http://www.invisibleshoe.com/how-to-make-huaraches/](http://www.invisibleshoe.com/how-to-make-huaraches/)

**Doctor Kracker**

Here’s a product from the great state of Texas: Doctor Kracker Crispbreads. Made of USDA organic, whole grains, they are, in our humble opinion, the best flatbreads we’ve had to date. As a change of pace from bread, spread your favorite food (i.e. tuna, chicken, or egg salad [with cheese!]) on one and enjoy hearty goodness! Our favorite is the Pumpkin Seed Cheddar, but they have 100% Whole Wheat, Seedlander, Klassic 3 Seed and Seeded Spelt. they also make Culinary Crisps
(Garlic Parmesan, Asiago Cheese and Apple Oat Crunch) and Snackers (Seedlander, Klassic 3 Seed, Pumpkin Seed Cheddar) to enjoy. Go to the website (www.drkracker.com) to check out which stores carry them. Can’t find one near you? Order them online (we did) and you get a better price. They come 6 in a case, but don’t worry; they’ll go fast! TNTN doesn’t authorize a lot of products, but Doctor Kracker gets a clean bill of health!

**Stacey’s “Simply Naked” (Nothing but Sea Salt) Pita Chips**

A bit high on the carb scale, these are some of the best chips we’ve tasted. Forget the obvious play on the naked theme, these chips are crisp and tasty. They go great with stews, soups and sandwiches—just about anything edible. There are a couple of other flavors, but we find these the best. You can find them at your supermarket, or you can order them from any number of online “stores.”

Here’s one: [https://thrivemarket.com/stacys-snacks-simply-naked-pita-chips?utm_source=google&utm_medium=pla&utm_campaign=Stacys%20Snacks&utm_content=028400564632&ccode=FSPLA&ccode_force=1&gclid=Cj0KEQjwzpFH BRC1i1aL78Ol-eIBEiQAdZPVKsv7PXWu- yXZmVOpd36g_J3N0ohCNRn9ZSrUs1BRbagaAkYT8P8HAQ](https://thrivemarket.com/stacys-snacks-simply-naked-pita-chips?utm_source=google&utm_medium=pla&utm_campaign=Stacys%20Snacks&utm_content=028400564632&ccode=FSPLA&ccode_force=1&gclid=Cj0KEQjwzpFH BRC1i1aL78Ol-eIBEiQAdZPVKsv7PXWu- yXZmVOpd36g_J3N0ohCNRn9ZSrUs1BRbagaAkYT8P8HAQ)
Fur

Released: June 2006, by Picturehouse Films)
Producer(s): William Pohlad, Laura Bickford, Bonnie Timmermann and Andrew Fierberg
Cinematography: Bill Pope
Sound: Tom Nelson
Screenplay: Erin Cressida Wilson
First Assistant Director: Carl Ludwig
Directed by: Steven Shainberg
Starring: Nicole Kidman, Robert Downey Jr., Ty Burrell, Harris Yulin, Jane Alexander, Emmy Clarke, Genevieve McCarthy, Boris McGiver, Marceline Hugot, Emily Bergl, Mary Duffy, Christina Rouner, and Lynne Marie Stetson
Rated: R, for its full-frontal nudity.)

It’s not often I get to review a film I actually appeared in… well, kind of. I got an e-mail from the beach group of which I'm a member about a casting call for nude extras for an upcoming movie. I answered it on a lark, and was surprised to discover I was selected to appear for filming and had to report to Snug Harbor on Staten Island, NY!

Fur is billed as “an imaginary portrait of Diane Arbus,” so the story presented isn't actually what happened, but what could have happened. The Robert Downey character's story line (which he portrays very well) was entirely fictional. Of course, there were factual scenes, incidents, and situations in the film, but due to a blending of them, it’s hard to tell which is which. You need to go into it with a knowledge of Arbus's life to sort it all out (I suggest the Wikipedia bio: https://en.wikipedia.org/wiki/Diane_Arbus).

Fur portrays Arbus as a troubled soul, something Ms. Kidman does well. Indeed, she was, but her actual life was interesting enough so that it would have stood on its own. Her selection of subjects was so off the beaten track that I feel it would have made for good movie material as a straight bio. Also, surprisingly, in a film about a photographer, I felt too little time was spent on her photography.

As to what the film accomplished, it was atmospheric, moody and appropriately introspective, considering its subject. Director Shainberg used dark scenes, texture and close-ups to tell his story, so the film “feels” claustrophobic—which is what he intended, I’m sure. However, I feel all the atmosphere took away from the biographical aspects of Arbus's troubled journey. It also failed to delve into why the troubled photographer eventually resorted to suicide in 1971.
As far as the R rating—given for graphic nudity, sexuality, and language—the nudity is full frontal and explicit, especially when the subject is about the nudists Arbus photographed. (She did most of her work at Sunny Rest, in Palmerton, PA.) Director Shainberg didn’t stint there. Have you ever heard of the expression, “gratuitous nudity”? Well, here's a good example. While I commend director Shainberg for using full-frontal nudity—in regard to his nudists, shown as normal, middle-aged people, mostly, which is good—I feel it was mostly for shock value, as nothing that explained the reasons nudists posed for her (there were no scenes of her actually photographing them at all!) came across in the narrative.

Nevertheless, Fur is worth a watch on DVD. Director Shainberg is known for his edgy movies, The Secretary being one of them, and is a talented craftsman. But, as a biography, the movie, in my humble opinion, fails—for all the high-caliber talent (Downey and Kidman) in it.

So, how was it working as a nude extra in a movie? It was a genuine hoot—a fun, summer day indeed, and I got paid to be naked (the movie paid SAG scale to all of us extras (they considered us “special ability” extras) which was generous indeed)! Seeing a movie from the inside was a dream for a movie buff like me. All the crew work that goes into a film was fascinating to see happening all around me. I got to rub shoulders with some veteran actors and extras, who were a wealth of information and inside knowledge. I even got to speak with, and learn from, one of the original (male) cast-members of Oh, Calcutta! on Broadway! Stripping off wasn't as daunting as I thought and we naturists wanted to stay bare all the time, seeing as how it must have been ninety-eight degrees that day! The “boos” finally, and firmly, told us we had to dress. Oh, well.

Can you actually see me in the film? Well, there's one scene where I'm pointing off somewhere (I always tried to do some bit of business to be noticed in a scene), but without computer enhancement by NASA, even I can't clearly see that it's me. That was a bit of a disappointment to be sure—I wanted to be able to say, “Hey, look! It's me, naked on-screen!”

I give Fur two-and-a-half “Bums Up,” for a well-made film, with good, honest nudity, but which ultimately misses the mark.

[I got my copy of Fur from www.amazon.com (use their “used and new” link for a better deal), or you can try www.deepdiscountdvd.com (which often comes in lower than Amazon). It can probably be obtained from other DVD sources on the web as well.]
Procter & Gamble had a problem. They sometimes shipped empty Crest toothpaste boxes without the tube inside. This challenged their perceived quality with the buyers and distributors. Understanding how important the relationship with them was, the CEO of the company assembled his top people. They decided to hire an external engineering company to solve their empty boxes problem. The project followed the usual process: budget and project sponsor allocated, RFP, and third parties selected. Six months (and $8 million) later they had a fantastic solution – on time, on budget, and high quality. Everyone in the project was pleased.

They solved the problem by using a high-tech precision scale that would sound a bell and flash lights whenever a toothpaste box weighed less than it should. The line would stop, someone would walk over to remove the defective box and, then, press another button to re-start the line. As a result of the new package monitoring process, no empty boxes were being shipped out of the factory.

With no more customer complaints, the CEO felt the $8 million was well spent. He then reviewed the line statistics report and discovered the number of empty boxes picked up by the scale in the first week was consistent with projections, however, the next three weeks were zero! The estimated rate should have been at least a dozen boxes a day. He had the engineers check the equipment and they verified the report as accurate.

Puzzled, the CEO traveled down to the factory, viewed the part of the line where the precision scale was installed, and observed just ahead of the new $8 million dollar solution sat a $20 desk fan blowing the empty boxes off the belt and into a bin. He asked the line supervisor what that was about.

“Oh, that,” the supervisor replied, “Bert, the kid from maintenance, put it there because he was tired of walking over, removing the box and re-starting the line every time the bell rang.”
I invite feedback to any of the editorials I write in this nudesletter. I truly value your opinions. It’s not a one-way street. If you send me your e-mails, I’ll do my best to answer as time permits, either on-line, or here. I encourage our readers to contribute to the “Full Frontal” section of the nudesletter. It’s a place where our readers can get to know you a little better, hence the “full frontal” sobriquet. If you wish to use any of my content in one of your own publications, all I ask is that you contact me first (at the e-mail address below) and ask.

I never tire of hearing how people come to nudism and how it has benefited them in their lives. Such stories can offer help and hope to others. Remember that we’d like contributions of poetry, anecdotes, and naturist experiences (including first time) for future nudesletters. Since this is “our” publication, we need you to succeed. We also desire photos (with permission, of course).

In addition, if you know a friend who you think would like to get on our mailing list, let me know his or her e-mail address and I’ll add them to the list. Please, no swingers, voyeurs, or generally twisted applicants. We will remove you from our mailing list, by request, at any time. You can request previous issues from the TNTN website, as a registered user. Simply provide some information about yourself, e-mail me at: wordworker@earthlink.net, and I will send you a user ID and password. Thinking of changing your e-mail address? Don’t forget to let us know at the above e-mail address—otherwise you’ll miss out on future editions of this nudesletter. If you have an e-service that posts changes to friends and relatives, why not include the above e-mail.

[For those of you who send e-mails, please let me know if it’s okay to post your full name. I’d like to be more open with our naturist message, but fully realizing everyone has his or her own level of disclosure, I don’t want to embarrass anyone. To encourage more openness, think of this humble publication as a good place to start on the path, with your full name on posts. Also, keep in mind I offer this a a service to our readers/members and, as such, the viewpoints discussed here may no reflect TNTN’s, or your, opinion. – Ed]
shorts so as not to surprise anyone unnecessarily. As I was showing him where the tank was located that I had discovered, I told him that I usually run around naked and asked if he minded if I continue, to which he replied that he did not mind at all, that it was "my property." Great! Off came the shorts, and I stayed that way for the next couple of hours, checking in on him as [he] worked at excavating the tank to examine its condition.

Turns out, he needed to have the tank pumped, and had called another man in for a pump out. He had talked to the man on the radio and apparently said something about my nakedness as [he] warned me that the pump out man was upset about the nakedness and that I might want to be covered when he got there. Not wanting to upset a workman, I put my shorts on. When he got there, the second man made some sort of snide remark to me about it (I don't remember [as] it wasn’t important), even though I had had permission from the first man and the second one had no knowledge of my nakedness apart from what he may have been told! They finished the work without event, and left.

The thing that I have to laugh at, I discovered much later. They billed the management company for the work, quite a significant amount it seemed to me and, then, added on a surcharge (!!) for NAKEDNESS as if it were something that they had had to put up with that made their work more difficult, or disagreeable, and that their workman (who had given permission) had to put up with that he objected to! LOL The management company told me about this, and that they had denied and not paid the surcharge! Good for them, for seeing things clearly for what they were. Still, humorous to me.

Oh, yes… and another time, two of my daughters lived with me and, for a time, we also housed one of their boyfriends in the farmhouse. The kids ordered a pizza delivery one evening while I was out working in the yard, without telling me. The boyfriend thought it would be funny for the pizza driver to have a surprise, I guess, or maybe, to surprise and perhaps embarrass me, LOL… NOT! I don't know about the driver, and having done such deliveries myself in my youth, you learn to expect such things occasionally, but it did not bother me and I tipped him well to assuage any angst he may have had. Living the good life!
I moved a couple of years later to California. Bought a place at Mount Shasta with 3.3 acres, so I still have a bit of room to roam around naturally and that is great! I have spoken to the neighbors about doing so, and they have either said "No problem," or [to] put up a fence that they felt necessary.

Just reminded of these by your writing, thanks! Hope you both are well! – *Steve Howatt*

[Thanks for getting in touch, Steve. You’re TNTN’s kind of guy—an open, honest and proud naturist. – Ed.]
Newds in the News All Over the World

[A note about these links: Some of your PCs and laptops may not be able to click and open the links below. You can try holding down Ctrl and then click on it, or if that doesn’t work, try copying and pasting the link in a new browser window. If none of it works, I suspect your software (operating system version) may not support such activity. Also, I try to provide a good cross section of news relating to nudity, sometimes pro and con, but though I check these links to insure no porn creeps in, something may lurk in the middle of an article that sneaks past me. For that, I apologize. Please let me know and I’ll delete it for the archival copy on the TNTN website. – Ed.]

Gardening Naked
Link to story:  https://freekensun.blogspot.com/

Should kids be allowed to go to naturist events?

What's it like to go to a family nude swimming session?
Link to story:  https://www.bbc.com/news/uk-47406580

Sandcastle Waterpark slammed by protesters for hosting family Naturist event

Naturist group defends 'naked swim' at Blackpool's Sandcastle water park after protests
Link to story:  https://www.blackpoolgazette.co.uk/news/naturist-group-defends-naked-swim-at-blackpool-s-sandcastle-water-park-after-protests-1-9628616

'It is a positive family lifestyle': British Naturism responds after criticism over nude swimming events
Link to story:  https://www.leicestermercury.co.uk/news/local-news/it-positive-family-lifestyle-british-2615386

The Renaissance Nude Exposed – Royal Academy – Edward Lucie-Smith
Link to story:  https://www.artlyst.com/reviews/renaissance-nude-exposed-royal-academy-edward-lucie-smith/

British naturists set world record for naked rollercoaster riding as nearly 200 bare all

Naked Portland jogger isn't breaking the law

Penketh Pool to host naked swimming sessions
Link to story:  https://www.warringtonguardian.co.uk/news/17474832.penketh-pool-to-host-naked-swimming-sessions/

Did Leonardo da Vinci create a nude Mona Lisa – and if so, who was the model?
Dozens of avid cyclists wearing nothing but a helmet

And the bride and groom wore nothing

Police stop one naked bike ride, help another
Link to story: https://www.echo.net.au/2019/03/police-stop-one-naked-bike-ride-help-another/

Naturist dubbed the ‘Naked Carpenter’ for doing up his house in the buff, exposed himself to customers while working as a delivery driver

Second ‘Naked in a Cave’ event at Howe Caverns scheduled

South Derbyshire naturist has 'no concerns' over controversial naked family swimming sessions
Link to story: https://www.derbytelegraph.co.uk/burton/waterworld-naked-nude-paedophiles-children-2632720

Nude swimming sessions are still going strong in Chester after 43 years
Link to story: https://www.cheshire-live.co.uk/whats-on/whats-on-news/nude-swimming-sessions-still-going-15966392

Gugu Ncube and the politics of nudity

The naked swimming sessions that have been taking place every week for 43 years
Link to story: https://www.liverpoolecho.co.uk/whats-on/whats-on-news/naked-swimming-sessions-been-taking-15992047

Dozens march in the buff through San Francisco advocating for public nudity

Naked and unafraid
Link to story: http://goldengatexpress.org/2019/03/19/naked-and-unafraid/

Santa Rosa man displays naked mannequins after neighbor complains about high fence

Smith: You spot those nude mannequins and you think, that guy should have a taller fence

Two naked mannequins stolen from yard of Santa Rosa home involved in fence protest

Thieves steal two naked mannequins from garden party at Santa Rosa home
Naked bike ride coming to Ipswich
Link to story: https://www.ipswichstar.co.uk/news/naked-cyclists-heading-for-ipswich-1-5952186

Spanish holiday islands vote in favour of protecting tradition of nude beaches
Link to story: https://inews.co.uk/inews-lifestyle/travel/ibiza-mallorca-holiday-islands-vote-for-nude-beaches/

Woman wants Tofino to get a nude beach

Complaint about “excessive nudity” in change rooms

Florida woman’s naked stroll through I-95 traffic is ‘epic moment in Florida history’

BARING ALL: Motion to protect Balearic’s nudist beaches approved
Link to story: https://www.euroweeklynews.com/2019/03/26/baring-all-motion-to-protect-balearics-nudist-beaches-approved/